




A *BRUSHSTROKE*
of Joy: Heart Cohort
Team's Paint and Sip
Reconnection



My Heart Cohort team and I want to express our heartfelt gratitude to you and the entire CivSource Africa team for your unwavering love and support. The paint and sip activity came at a time when it was truly needed and was wholeheartedly appreciated by everyone who had the opportunity to join.

We had an incredible time reflecting on our journey since our last Zoom meeting. It was heart-warming to reconnect with those who could attend, sharing our personal growth experiences related to our passports. The painting exercise brought us together and allowed us to learn a new skill, which was both enjoyable and fulfilling. By the end of the day, we were all brimming with joy, laughter, and a renewed sense of optimism for the future.

Looking ahead, we're excited about the prospect of another session early next year. We eagerly anticipate your continued support and guidance on this journey.

Sending an abundance of love and positivity your way!

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Team Leader, The Heart Cohort Mopane` 2021

