



Life a Complete Book: The beginning of a new chapter and closing another!

The major high for me at the Mopane' Leaders' Experience Retreat was the fire experience, where we connected to each other deeply. It gave us a sense of hope. The beginning of a new chapter and closing another is something that will always stay with me. There's a whole new beginning that's waiting once a chapter of life closes. Indeed, endings aren't easy, but somehow, we will learn to stop peeking at the footprints left behind and be excited about what is yet to come. At the fire, I learned what it means to stand on your own feet, to be at peace with temporary friendships, and to see the good in starting all over again.

My favourite quote comes to memory each time I think of new beginnings.

"When a chapter of your Life Book is complete, your spirit knows it's time to turn the page so a new chapter can begin. Even when you're scared or think you're not ready, your spirit knows you are." It is time. Your spirit knows." _ Beth Hoffman

Closing of Chapters has taught me to have deeper connections with people because one never knows when will be the last time, you'll see them. It has urged me to appreciate those who care for me and cherishing them for never leaving my side, always believing in me, and helping me build my dreams. Closing of Chapters, daily reminds me not to take my time here on earth for granted.

The best thing about closing chapters of my story, I have discovered that there's a new set of blank pages, ready and waiting for me to fill. These days because of the retreat, I have learned this about myself; it is absolutely frightening to start from scratch again and form new relationships with people, but there's always hope in every beginning. There's a beautiful uncertainty that my life might be a better one this time around. And whatever that's waiting for me out there is only going to bring me one step closer to where I am meant to be.

As the saying goes, "we can only be said to be alive in those moments when our hearts are conscious of our treasures." The Mopane' Leaders' Experience Retreat is a Treasure to hold for all time!

Thank you, Mopane!'