



The Truth Behind the Mirror!

The reflection GROW_i session
with Jacqueline Asimwe



GROW_i Chronicles: It was truly a privilege to be in that room that day. Reflecting on leadership, I realized the importance of critically evaluating how authentic and truthful one is as a leader. Currently, when I consider my own leadership, I often find myself not deeply analyzing my performance. Instead, I'm preoccupied with concerns about how others view me—whether they are willing to follow my lead or simply whether they like me. I now recognize that these worries obstruct a true assessment of my leadership abilities.

This practice of reflection has become a vital part of my development, allowing me to delve into my inner and outer qualities. The river metaphor particularly resonated with me, enhancing my understanding of my professional path and my capabilities as a leader. Since that session, I have gained insights into my behavioral instincts and how they either support or undermine my effectiveness in various leadership roles.

Furthermore, the reflective process has prompted me to set higher standards for myself in my various engagements. As a leader on this journey, the reflective practice models introduced in that session helped me to grasp the importance of both behavioral and situational factors in becoming a more effective professional. Additionally, I developed traits that empower me to motivate both myself and others, helping them to realize their potential.

That reflective session also made me realize how significantly organizational culture affects the roles and relationships among stakeholders within a company. The initial activity of checking in with everyone provided a grounding experience that conveyed a sense of being seen, cared for, and belonging. It was a powerful affirmation that the prevailing organizational culture directly influences a company's performance. This session was exceptionally well delivered, leaving me feeling valued, honored to serve, and ready to commit fully to my responsibilities.

Reflection is essential for leaders. To enhance a leader's competence, it is crucial to continuously grow, learn, and reflect. This necessitates being true to oneself.

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